

(1A1.01.05.09)  
**SUMMING UP**  
**REPENTANCE, HUMBLING,**  
**SACKCLOTH, ASHES AND DUST**

**1:**<sup>1</sup> **SACKCLOTH** is worn as a sign of repentance and of mourning. In fact, it seems that in the case of repentance it is worn as a sign of mourning and grief as an outward symbol of grief at the hurt that sin has caused to our righteous Father Yahweh.

<sup>2</sup> Sackcloth and ashes is an extreme form of humbling ourselves before Yahweh AND people.

<sup>3</sup> We can wear sackcloth against our skin under our outer garments, as in the case of the King. <sup>4</sup> It is good to humble ourselves in the sight of man but it is most important to humble ourselves in the sight of Yahweh.<sup>5</sup> By having sackcloth under our garments and experiencing the discomfort that goes with it we may be more severely humbled.

**2:**<sup>1</sup> **FASTING** is an act of <sup>2</sup> disciplining the flesh, <sup>3</sup> repentance and <sup>4</sup> mourning.

<sup>5</sup> There is reference to a one day fast, a three day fast, a seven day fast and a forty day fast.

<sup>6</sup> The one day and three day fasts can include not drinking.

<sup>7</sup> Fasting humbles and disciplines the appetites of the flesh.

**3:**<sup>1</sup> **ASHES** and dust speak again of humbling oneself, used either for mourning or for repentance or seeking Yahweh for deliverance from the consequences of sin.

<sup>2</sup> Dan 9:3 *"Then I set my face toward the Lord God to make request by prayer and supplications, with fasting, sackcloth, and **ashes**."* (NKJ)

**4:**<sup>1</sup> **HUMBLE YOURSELF**. Part of humbling is sackcloth and ashes. <sup>2</sup> We also **humble** ourselves if we "plead" with a friend to release us from a debt Proverbs 6:3 *"So do this, my son, and deliver yourself; for you have come into the hand of your friend: go and **humble** yourself; plead with your friend."* (NKJ)

<sup>3</sup> We are in debt to Yahweh because of our constant repeated sin, therefore we should humble ourselves with fasting and in sackcloth and ashes and plead with Him to deliver us!

<sup>4</sup> We should MOURN for the damage our sin has done to the Kingdom of Yahweh!! And for the souls that have been lost because of our disobedience.

<sup>5</sup> We should seek a broken spirit and a contrite heart.

## 5:<sup>1</sup> CONTRITE

<sup>2</sup> Ps 34:18 *"The LORD is near to those who have a broken heart, and saves such as have a **contrite** spirit."* (NKJ)

<sup>3</sup> Ps 51:17 *"The sacrifices of God are a broken spirit, a broken and a **contrite** heart-- these, O God, You will not despise."* (NKJ)

<sup>4</sup> Isa 57:15 *"For thus says the High and Lofty One who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, with him who has a **contrite** and **humble** spirit, to revive the spirit of the **humble**, and to revive the heart of the **contrite** ones."* (NKJ)

<sup>5</sup> WE MUST REVERENTLY FEAR YAHWEH AND TREMBLE AT HIS WORD!!

**6:<sup>1</sup> REPENTANCE** requires that we confess that *'We have sinned, we have done wrong, and have committed wickedness'* (1 Kings 8:47)

<sup>2</sup> We must repent of our sins, our iniquities and our transgressions (Psalm 51).

<sup>3</sup> Ps 51:1-17

**1** *Have mercy upon me, O God, according to Your lovingkindness; according to the multitude of Your tender mercies, blot out my transgressions.*

**2** *Wash me thoroughly from my iniquity, and cleanse me from my sin.*

**3** *For I acknowledge my transgressions, and my sin is always before me.*

**4** *Against You, You only, have I sinned, and done this evil in Your sight-- that You may be found just when You speak, and blameless when You judge.*

**5** *Behold, I was brought forth in iniquity, and in sin my mother conceived me.*

**6** *Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom.*

**7 Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.**

**8 Make me to hear joy and gladness, that the bones You have broken may rejoice.**

**9 Hide Your face from my sins, and blot out all my iniquities.**

**10 Create in me a clean heart, O God, and renew a steadfast spirit within me.**

**11 Do not cast me away from Your presence, and do not take Your Holy Spirit from me.**

**12 Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.**

**13 Then I will teach transgressors Your ways, and sinners shall be converted to You.**

**14 Deliver me from bloodshed, O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness.**

**15 O Lord, open my lips, and my mouth shall show forth Your praise.**

**16 For You do not desire sacrifice, or else I would give it; you do not delight in burnt offering.**

**17 The sacrifices of God are a broken spirit, a broken and a contrite heart-- these, O God, You will not despise.**

(NKJ)

<sup>4</sup> Jer 31:19 "Surely, after my turning, I **repented**; and after I was instructed, I struck myself on the thigh; I was ashamed, yes, even humiliated, because I bore the reproach of my youth.'" (NKJ)

<sup>5</sup> 2 Cor 7:10 "For godly sorrow produces **repentance** leading to salvation, not to be regretted; but the sorrow of the world produces death." (NKJ)

<sup>6</sup> We do not know how to repent effectively in this age. <sup>7</sup> This is a major reason why we constantly return to our sin!

<sup>8</sup> We read Proverbs 26:10-12 "<sup>10</sup> The great God who formed everything gives the fool his hire and the transgressor his wages. <sup>11</sup> As a dog returns to his own vomit, so a fool repeats his folly. <sup>12</sup> Do you see a man wise in his own eyes? There is more hope for a fool than for him." (NKJ). <sup>9</sup> Yet somehow we do not think that it applies to us!

## **7:1 CONCLUSION**

<sup>2</sup> We must repent in sackcloth and ashes and with fasting, a deep revelation of the extent of our sin, transgression and iniquity, our lack of chesed (love), our lack of obedience, our faithlessness and total failure to diligently seek the face of our Father in Heaven and get to the bottom of that which is hindering our walk.

<sup>3</sup> It seems to me that a seven day fast, water only is called for in my case with sackcloth and ashes on a daily basis. <sup>4</sup> Sackcloth worn against the skin if i have to go out, else in and out. Ashes when we are at home. <sup>5</sup> I must seek a broken spirit and a contrite heart for the impact of all the delays, disobedience, etc on the work that Yahweh has called us to do!

James Robertson  
19 May 2001

## SCRIPTURES ON SACKCLOTH

### SACKCLOTH (NKJ)

Gen 37:34

34 Then Jacob tore his clothes, put **sackcloth** on his waist, and mourned for his son many days. (NKJ)

2 Sam 3:31

31 Then David said to Joab and to all the people who were with him, "Tear your clothes, gird yourselves with **sackcloth**, and mourn for Abner." And King David followed the coffin. (NKJ)

2 Sam 21:10

10 Now Rizpah the daughter of Aiah took **sackcloth** and spread it for herself on the rock, from the beginning of harvest until the late rains poured on them from heaven. And she did not allow the birds of the air to rest on them by day nor the beasts of the field by night. (NKJ)

IKing 20:31

31 Then his servants said to him, "Look now, we have heard that the kings of the house of Israel are merciful kings. Please, let us put **sackcloth** around our waists and ropes around our heads, and go out to the king of Israel; perhaps he will spare your life." (NKJ)

IKing 20:32

32 So they wore **sackcloth** around their waists and put ropes around their heads, and came to the king of Israel and said, "Your servant Ben-Hadad says, `Please let me live.'" And he said, "Is he still alive? He is my brother." (NKJ)

IKing 21:27

27 So it was, when Ahab heard those words, that he tore his clothes and put **sackcloth** on his body, and fasted and lay in **sackcloth**, and went about mourning. (NKJ)

II Ki 6:30

30 Now it happened, when the king heard the words of the woman, that he tore his clothes; and as he passed by on the wall, the people looked, and there underneath he had **sackcloth** on his body. (NKJ)

II Ki 19:1

1 And so it was, when King Hezekiah heard it, that he tore his clothes, covered himself with **sackcloth**, and went into the house of the LORD. (NKJ)

II Ki 19:2

2 Then he sent Eliakim, who was over the household, Shebna the scribe, and the elders of the priests, covered with **sackcloth**, to Isaiah the prophet, the son of Amoz. (NKJ)

1 Chr 21:16

16 Then David lifted his eyes and saw the angel of the LORD standing between earth and heaven, having in his hand a drawn sword stretched out over Jerusalem. So David and the elders, clothed in **sackcloth**, fell on their faces. (NKJ)

Neh 9:1

1 Now on the twenty-fourth day of this month the children of Israel were assembled with fasting, in **sackcloth**, and with dust on their heads. (NKJ)

Esth 4:1

1 When Mordecai learned all that had happened, he tore his clothes and put on **sackcloth** and **ashes**, and went out into the midst of the city. He cried out with a loud and bitter cry. (NKJ)

Esth 4:2

2 He went as far as the front of the king's gate, for no one might enter the king's gate clothed with **sackcloth**. (NKJ)

Esth 4:3

3 And in every province where the king's command and decree arrived, there was great mourning among the Jews, with fasting, weeping, and wailing; and many lay in **sackcloth** and **ashes**. (NKJ)

Esth 4:4

4 So Esther's maids and eunuchs came and told her, and the queen was deeply distressed. Then she sent garments to clothe Mordecai and take his **sackcloth** away from him, but he would not accept them. (NKJ)

Job 16:15

15 "I have sewn **sackcloth** over my skin, and laid my head in the dust. (NKJ)

Ps 30:11

11 You have turned for me my mourning into dancing; you have put off my **sackcloth** and clothed me with gladness, (NKJ)

Ps 35:13

13 But as for me, when they were sick, my clothing was **sackcloth**; I humbled myself with fasting; and my prayer would return to my own heart. (NKJ)

Ps 69:11

11 I also made **sackcloth** my garment; I became a byword to them.  
(NKJ)

Isa 3:24

24 And so it shall be: instead of a sweet smell there will be a stench; instead of a sash, a rope; instead of well-set hair, baldness; instead of a rich robe, a girding of **sackcloth**; and branding instead of beauty. (NKJ)

Isa 15:3

3 In their streets they will clothe themselves with **sackcloth**; on the tops of their houses and in their streets everyone will wail, weeping bitterly.  
(NKJ)

Isa 20:2

2 at the same time the LORD spoke by Isaiah the son of Amoz, saying, "Go, and remove the **sackcloth** from your body, and take your sandals off your feet." And he did so, walking naked and barefoot. (NKJ)

Isa 22:12

12 And in that day the Lord GOD of hosts called for weeping and for mourning, for baldness and for girding with **sackcloth**. (NKJ)

Isa 32:11

11 Tremble, you women who are at ease; be troubled, you complacent ones; strip yourselves, make yourselves bare, and gird **sackcloth** on your waists. (NKJ)

Isa 37:1

1 And so it was, when King Hezekiah heard it, that he tore his clothes, covered himself with **sackcloth**, and went into the house of the LORD.  
(NKJ)

Isa 37:2

2 Then he sent Eliakim, who was over the household, Shebna the scribe, and the elders of the priests, covered with **sackcloth**, to Isaiah the prophet, the son of Amoz. (NKJ)

Isa 50:3

3 I clothe the heavens with blackness, and I make **sackcloth** their covering." (NKJ)

Isa 58:5

5 Is it a fast that I have chosen, a day for a man to afflict his soul? Is it to bow down his head like a bulrush, and to spread out **sackcloth** and **ashes**? Would you call this a fast, and an acceptable day to the LORD?  
(NKJ)

Jer 4:8

8 For this, clothe yourself with **sackcloth**, lament and wail. For the fierce anger of the LORD has not turned back from us. (NKJ)

Jer 6:26

26 O daughter of my people, dress in **sackcloth** and roll about in **ashes**! Make mourning as for an only son, most bitter lamentation; for the plunderer will suddenly come upon us. (NKJ)

Jer 48:37

37 "For every head shall be bald, and every beard clipped; on all the hands shall be cuts, and on the loins **sackcloth**-- (NKJ)

Jer 49:3

3 "Wail, O Heshbon, for Ai is plundered! Cry, you daughters of Rabbah, gird yourselves with **sackcloth**! Lament and run to and fro by the walls; for Milcom shall go into captivity with his priests and his princes together. (NKJ)

Lam 2:10

10 The elders of the daughter of Zion sit on the ground and keep silence; they throw dust on their heads and gird themselves with **sackcloth**. The virgins of Jerusalem bow their heads to the ground. (NKJ)

Ezek 7:18

18 They will also be girded with **sackcloth**; horror will cover them; shame will be on every face, baldness on all their heads. (NKJ)

Ezek 27:31

31 They will shave themselves completely bald because of you, gird themselves with **sackcloth**, and weep for you with bitterness of heart and bitter wailing. (NKJ)

Dan 9:3

3 Then I set my face toward the Lord God to make request by prayer and supplications, with fasting, **sackcloth**, and **ashes**. (NKJ)

Joel 1:8

8 Lament like a virgin girded with **sackcloth** for the husband of her youth. (NKJ)

Joel 1:13

13 Gird yourselves and lament, you priests; wail, you who minister before the altar; come, lie all night in **sackcloth**, you who minister to my God; for the grain offering and the drink offering are withheld from the house of your God. (NKJ)

Amos 8:10

10 I will turn your feasts into mourning, and all your songs into lamentation; I will bring **sackcloth** on every waist, and baldness on every head; I will make it like mourning for an only son, and its end like a bitter day. (NKJ)

Jonah 3:5

5 So the people of Nineveh believed God, proclaimed a fast, and put on **sackcloth**, from the greatest to the least of them. (NKJ)

Jonah 3:6

6 Then word came to the king of Nineveh; and he arose from his throne and laid aside his robe, covered himself with **sackcloth** and sat in **ashes**. (NKJ)

Jonah 3:8

8 But let man and beast be covered with **sackcloth**, and cry mightily to God; yes, let every one turn from his evil way and from the violence that is in his hands. (NKJ)

Matt 11:21

21 "Woe to you, Chorazin! Woe to you, Bethsaida! For if the mighty works which were done in you had been done in Tyre and Sidon, they would have repented long ago in **sackcloth** and **ashes**. (NKJ)

Luke 10:13

13 "Woe to you, Chorazin! Woe to you, Bethsaida! For if the mighty works which were done in you had been done in Tyre and Sidon, they would have repented long ago, sitting in **sackcloth** and **ashes**. (NKJ)

Rev 6:12

12 I looked when He opened the sixth seal, and behold, there was a great earthquake; and the sun became black as **sackcloth** of hair, and the moon became like blood. (NKJ)

Rev 11:3

3 "And I will give power to my two witnesses, and they will prophesy one thousand two hundred and sixty days, clothed in **sackcloth**." (NKJ)

SACKCLOTH is worn as a sign of repentance and of mourning. In fact, it seems that in the case of repentance it is worn as a sign of mourning and grief as an outward symbol of grief at the hurt that sin has caused to our righteous Father Yahweh.

Sackcloth and ashes is an extreme form of humbling ourselves before Yahweh AND people.

We can wear sackcloth against our skin under our outer garments, as in the case of the King - in some respects it is good to humble ourselves in the sight of man but in other respects it is most important to humble ourselves in the sight of Yahweh and by having sackcloth under our garments and experiencing the discomfort that goes with it we may be more severely humbled.

## SCRIPTURES ON fasting

### FAST... (NKJ)

Deut 10:20

20 "You shall fear the LORD your God; you shall serve Him, and to Him you shall hold **fast**, and take oaths in His name. (NKJ)

Judg 20:26

26 Then all the children of Israel, that is, all the people, went up and came to the house of God and wept. They sat there before the LORD and **fasted** that day until evening; and they offered burnt offerings and peace offerings before the LORD. (NKJ)

1 Sam 7:6

6 So they gathered together at Mizpah, drew water, and poured it out before the LORD. And they **fasted** that day, and said there, "We have sinned against the LORD." And Samuel judged the children of Israel at Mizpah. (NKJ)

1 Sam 31:13

13 Then they took their bones and buried them under the tamarisk tree at Jabesh, and **fasted** seven days. (NKJ)

2 Sam 1:12

12 And they mourned and wept and **fasted** until evening for Saul and for Jonathan his son, for the people of the LORD and for the house of Israel, because they had fallen by the sword. (NKJ)

2 Sam 12:16

16 David therefore pleaded with God for the child, and David **fasted** and went in and lay all night on the ground. (NKJ)

2 Sam 12:21

21 Then his servants said to him, "What is this that you have done? You **fasted** and wept for the child while he was alive, but when the child died, you arose and ate food." (NKJ)

2 Sam 12:22

22 And he said, "While the child was alive, I **fasted** and wept; for I said, 'Who can tell whether the LORD will be gracious to me, that the child may live?' (NKJ)

2 Sam 12:23

23 "But now he is dead; why should I **fast**? Can I bring him back again? I shall go to him, but he shall not return to me." (NKJ)

IKing 21:9

9 She wrote in the letters, saying, Proclaim a **fast**, and seat Naboth with high honor among the people; (NKJ)

IKing 21:12

12 They proclaimed a **fast**, and seated Naboth with high honor among the people. (NKJ)

IKing 21:27

27 So it was, when Ahab heard those words, that he tore his clothes and put sackcloth on his body, and **fasted** and lay in sackcloth, and went about mourning. (NKJ)

1 Chr 10:12

12 all the valiant men arose and took the body of Saul and the bodies of his sons; and they brought them to Jabesh, and buried their bones under the tamarisk tree at Jabesh, and **fasted** seven days. (NKJ)

2 Chr 20:3

3 And Jehoshaphat feared, and set himself to seek the LORD, and proclaimed a **fast** throughout all Judah. (NKJ)

Ezra 8:21

21 Then I proclaimed a **fast** there at the river of Ahava, that we might humble ourselves before our God, to seek from Him the right way for us and our little ones and all our possessions. (NKJ)

Ezra 8:23

23 So we **fasted** and entreated our God for this, and He answered our prayer. (NKJ)

Ezra 9:5

5 At the evening sacrifice I arose from my **fasting**; and having torn my garment and my robe, I fell on my knees and spread out my hands to the LORD my God. (NKJ)

Neh 1:4

4 So it was, when I heard these words, that I sat down and wept, and mourned for many days; I was **fasting** and praying before the God of heaven. (NKJ)

Neh 9:1

1 Now on the twenty-fourth day of this month the children of Israel were assembled with **fasting**, in sackcloth, and with dust on their heads. (NKJ)

Esth 4:3

3 And in every province where the king's command and decree arrived, there was great mourning among the Jews, with **fasting**, weeping, and wailing; and many lay in sackcloth and ashes. (NKJ)

Esth 4:16

16 "Go, gather all the Jews who are present in Shushan, and **fast** for me; neither eat nor drink for three days, night or day. My maids and I will **fast** likewise. And so I will go to the king, which is against the law; and if I perish, I perish!" (NKJ)

Esth 9:31

31 to confirm these days of Purim at their appointed time, as Mordecai the Jew and Queen Esther had prescribed for them, and as they had decreed for themselves and their descendants concerning matters of their **fasting** and lamenting. (NKJ)

Ps 35:13

13 But as for me, when they were sick, my clothing was sackcloth; I humbled myself with **fasting**; and my prayer would return to my own heart. (NKJ)

Ps 69:10

10 When I wept and chastened my soul with **fasting**, that became my reproach. (NKJ)

Ps 109:24

24 My knees are weak through **fasting**, and my flesh is feeble from lack of fatness. (NKJ)

Isa 58:3

3 `Why have we **fasted**,' they say, `and You have not seen? Why have we afflicted our souls, and You take no notice?' "In fact, in the day of your **fast** you find pleasure, and exploit all your laborers. (NKJ)

Isa 58:4

4 Indeed you **fast** for strife and debate, and to strike with the fist of wickedness. You will not **fast** as you do this day, to make your voice heard on high. (NKJ)

Isa 58:5

5 Is it a **fast** that I have chosen, a day for a man to afflict his soul? Is it to bow down his head like a bulrush, and to spread out sackcloth and ashes? Would you call this a **fast**, and an acceptable day to the LORD? (NKJ)

Isa 58:6

6 "Is this not the **fast** that I have chosen: to loose the bonds of wickedness, to undo the heavy burdens, to let the oppressed go free, and that you break every yoke? (NKJ)

Jer 14:12

12 "When they **fast**, I will not hear their cry; and when they offer burnt offering and grain offering, I will not accept them. But I will consume them by the sword, by the famine, and by the pestilence." (NKJ)

Jer 36:6

6 "You go, therefore, and read from the scroll which you have written at my instruction, the words of the LORD, in the hearing of the people in the LORD'S house on the day of **fasting**. And you shall also read them in the hearing of all Judah who come from their cities. (NKJ)

Jer 36:9

9 Now it came to pass in the fifth year of Jehoiakim the son of Josiah, king of Judah, in the ninth month, that they proclaimed a **fast** before the LORD to all the people in Jerusalem, and to all the people who came from the cities of Judah to Jerusalem. (NKJ)

Dan 6:18

18 Now the king went to his palace and spent the night **fasting**; and no musicians were brought before him. Also his sleep went from him. (NKJ)

Dan 9:3

3 Then I set my face toward the Lord God to make request by prayer and supplications, with **fasting**, sackcloth, and ashes. (NKJ)

Joel 1:14

14 Consecrate a **fast**, call a sacred assembly; gather the elders and all the inhabitants of the land into the house of the LORD your God, and cry out to the LORD. (NKJ)

Joel 2:12

12 "Now, therefore," says the LORD, "Turn to Me with all your heart, with **fasting**, with weeping, and with mourning." (NKJ)

Joel 2:15

15 Blow the trumpet in Zion, consecrate a **fast**, call a sacred assembly; (NKJ)

Jonah 3:5

5 So the people of Nineveh believed God, proclaimed a **fast**, and put on sackcloth, from the greatest to the least of them. (NKJ)

Zech 7:3

3 and to ask the priests who were in the house of the LORD of hosts, and the prophets, saying, "Should I weep in the fifth month and **fast** as I have done for so many years?" (NKJ)

Zech 7:5

5 "Say to all the people of the land, and to the priests: `When you **fasted** and mourned in the fifth and seventh months during those seventy years, did you really **fast** for Me-- for Me? (NKJ)

Zech 8:19

19 "Thus says the LORD of hosts: `The **fast** of the fourth month, the **fast** of the fifth, the **fast** of the seventh, and the **fast** of the tenth, shall be joy and gladness and cheerful feasts for the house of Judah. Therefore love truth and peace.' (NKJ)

Matt 4:2

2 And when He had **fasted** forty days and forty nights, afterward He was hungry. (NKJ)

Matt 6:16

16 "Moreover, when you **fast**, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be **fasting**. Assuredly, I say to you, they have their reward. (NKJ)

Matt 6:16

16 "Moreover, when you **fast**, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be **fasting**. Assuredly, I say to you, they have their reward. (NKJ)

Matt 6:17

17 "But you, when you **fast**, anoint your head and wash your face, (NKJ)

Matt 6:18

18 "so that you do not appear to men to be **fasting**, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. (NKJ)

Matt 9:14

14 Then the disciples of John came to Him, saying, "Why do we and the Pharisees **fast** often, but Your disciples do not fast?" (NKJ)

Matt 9:15

15 And Jesus said to them, "Can the friends of the bridegroom mourn as long as the bridegroom is with them? But the days will come when the bridegroom will be taken away from them, and then they will **fast**. (NKJ)

Matt 17:21

21 "However, this kind does not go out except by prayer and **fasting**."  
(NKJ)

Mark 2:18

18 The disciples of John and of the Pharisees were **fasting**. Then they came and said to Him, "Why do the disciples of John and of the Pharisees **fast**, but Your disciples do not fast?" (NKJ)

Mark 2:19

19 And Jesus said to them, "Can the friends of the bridegroom **fast** while the bridegroom is with them? As long as they have the bridegroom with them they cannot fast. (NKJ)

Mark 2:20

20 "But the days will come when the bridegroom will be taken away from them, and then they will **fast** in those days. (NKJ)

Mark 9:29

29 So He said to them, "This kind can come out by nothing but prayer and **fasting**." (NKJ)

Luke 2:37

37 and this woman was a widow of about eighty-four years, who did not depart from the temple, but served God with **fastings** and prayers night and day. (NKJ)

Luke 5:33

33 Then they said to Him, "Why do the disciples of John **fast** often and make prayers, and likewise those of the Pharisees, but Yours eat and drink?" (NKJ)

Luke 5:34

34 And He said to them, "Can you make the friends of the bridegroom **fast** while the bridegroom is with them? (NKJ)

Luke 5:35

35 "But the days will come when the bridegroom will be taken away from them; then they will **fast** in those days." (NKJ)

Luke 18:12

12 'I **fast** twice a week; I give tithes of all that I possess.' (NKJ)

Acts 10:30

30 So Cornelius said, "Four days ago I was **fasting** until this hour; and at the ninth hour I prayed in my house, and behold, a man stood before me in bright clothing, (NKJ)

Acts 13:2

2 As they ministered to the Lord and **fasted**, the Holy Spirit said, "Now separate to Me Barnabas and Saul for the work to which I have called them."  
(NKJ)

Acts 13:3

3 Then, having **fasted** and prayed, and laid hands on them, they sent them away. (NKJ)

Acts 14:23

23 So when they had appointed elders in every church, and prayed with **fasting**, they commended them to the Lord in whom they had believed.  
(NKJ)

1 Cor 7:5

5 Do not deprive one another except with consent for a time, that you may give yourselves to **fasting** and prayer; and come together again so that Satan does not tempt you because of your lack of self-control. (NKJ)

2 Cor 6:5

5 in stripes, in imprisonments, in tumults, in labors, in sleeplessness, in **fastings**; (NKJ)

2 Cor 11:27

27 in weariness and toil, in sleeplessness often, in hunger and thirst, in **fastings** often, in cold and nakedness-- (NKJ)

FASTING is an act of <sup>1</sup> disciplining the flesh, <sup>2</sup> repentance and <sup>3</sup> mourning.

There is reference to a one day fast, a three day fast, a seven day fast and a forty day fast.

The one day and three day fasts can include not drinking.

Fasting humbles and disciplines the appetites of the flesh.

## SCRIPTURES ON ASHES AND DUST

### ASHES (NKJ)

2 Sam 13:19

19 Then Tamar put **ashes** on her head, and tore her robe of many colors that was on her, and laid her hand on her head and went away crying bitterly. (NKJ)

Esth 4:1

1 When Mordecai learned all that had happened, he tore his clothes and put on sackcloth and **ashes**, and went out into the midst of the city. He cried out with a loud and bitter cry. (NKJ)

Esth 4:3

3 And in every province where the king's command and decree arrived, there was great mourning among the Jews, with fasting, weeping, and wailing; and many lay in sackcloth and **ashes**. (NKJ)

Job 30:19

19 He has cast me into the mire, and I have become like **dust** and **ashes**. (NKJ)

Job 42:6

6 Therefore I abhor myself, and repent in **dust** and **ashes**." (NKJ)

Isa 58:5

5 Is it a fast that I have chosen, a day for a man to afflict his soul? Is it to bow down his head like a bulrush, and to spread out sackcloth and **ashes**? Would you call this a fast, and an acceptable day to the LORD? (NKJ)

Isa 61:3

3 To console those who mourn in Zion, to give them beauty for **ashes**, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the LORD, that He may be glorified." (NKJ)

Jer 6:26

26 O daughter of my people, dress in sackcloth and roll about in **ashes**! Make mourning as for an only son, most bitter lamentation; for the plunderer will suddenly come upon us. (NKJ)

Jer 25:34

34 "Wail, shepherds, and cry! Roll about in the **ashes**, you leaders of the flock! For the days of your slaughter and your dispersions are fulfilled; you shall fall like a precious vessel. (NKJ)

Lam 3:16

16 He has also broken my teeth with gravel, and covered me with **ashes**. (NKJ)

Ezek 27:30

30 They will make their voice heard because of you; they will cry bitterly and cast **dust** on their heads; they will roll about in **ashes**; (NKJ)

Dan 9:3

3 Then I set my face toward the Lord God to make request by prayer and supplications, with fasting, sackcloth, and **ashes**. (NKJ)

Jonah 3:6

6 Then word came to the king of Nineveh; and he arose from his throne and laid aside his robe, covered himself with sackcloth and sat in **ashes**. (NKJ)

Matt 11:21

21 "Woe to you, Chorazin! Woe to you, Bethsaida! For if the mighty works which were done in you had been done in Tyre and Sidon, they would have repented long ago in sackcloth and **ashes**. (NKJ)

Luke 10:13

13 "Woe to you, Chorazin! Woe to you, Bethsaida! For if the mighty works which were done in you had been done in Tyre and Sidon, they would have repented long ago, sitting in sackcloth and **ashes**. (NKJ)

## **DUST (NKJ)**

Josh 7:6

6 Then Joshua tore his clothes, and fell to the earth on his face before the ark of the LORD until evening, both he and the elders of Israel; and they put **dust** on their heads. (NKJ)

2 Sam 1:2

2 on the third day, behold, it happened that a man came from Saul's camp with his clothes torn and **dust** on his head. So it was, when he came to David, that he fell to the ground and prostrated himself. (NKJ)

2 Sam 15:32

32 Now it happened when David had come to the top of the mountain, where he worshiped God-- there was Hushai the Archite coming to meet him with his robe torn and **dust** on his head. (NKJ)

Neh 9:1

1 Now on the twenty-fourth day of this month the children of Israel were assembled with fasting, in sackcloth, and with **dust** on their heads. (NKJ)

Job 2:12

12 And when they raised their eyes from afar, and did not recognize him, they lifted their voices and wept; and each one tore his robe and sprinkled **dust** on his head toward heaven. (NKJ)

Job 42:6

6 Therefore I abhor myself, and repent in **dust** and **ashes**." (NKJ)

Isa 47:1

1 "Come down and sit in the **dust**, O virgin daughter of Babylon; sit on the ground without a throne, O daughter of the Chaldeans! For you shall no more be called tender and delicate. (NKJ)

Lam 2:10

10 The elders of the daughter of Zion sit on the ground and keep silence; they throw **dust** on their heads and gird themselves with sackcloth. The virgins of Jerusalem bow their heads to the ground. (NKJ)

Lam 3:29

29 Let him put his mouth in the **dust**-- there may yet be hope. (NKJ)

Ezek 27:30

30 They will make their voice heard because of you; they will cry bitterly and cast **dust** on their heads; they will roll about in **ashes**; (NKJ)

DUST - EARTH 127 'adamah (ad-aw-maw');

from 119; soil (from its general redness):

KJV-- country, earth, ground, husband [-man] (-ry), land.

DUST 6083 `aphar (aw-fawr');

from 6080; **dust** (as powdered or gray); hence, clay, earth, mud:

KJV-- **ashes**, **dust**, earth, ground, mortar, powder, rubbish.

\*\*\*. `Aphrah. See 1036.

6083 `aphar-

dry earth, **dust**, powder, **ashes**, earth, the ground, mortar, rubbish  
a) dry or loose earth

- b) debris
- c) mortar
- d) ore

Ashes and dust speak again of humbling oneself, used either for mourning or for repentance or seeking Yahweh for deliverance from the consequences of sin.

## SCRIPTURES ON HUMBLE

### HUMBLE... (NKJ)

Exod 10:3

3 So Moses and Aaron came in to Pharaoh and said to him, "Thus says the LORD God of the Hebrews: `How long will you refuse to **humble** yourself before Me? Let My people go, that they may serve Me. (NKJ)

Lev 26:41

41 and that I also have walked contrary to them and have brought them into the land of their enemies; if their uncircumcised hearts are **humbled**, and they accept their guilt-- (NKJ)

Num 12:3

3 (Now the man Moses was very **humble**, more than all men who were on the face of the earth.) (NKJ)

Deut 8:2

2 "And you shall remember that the LORD your God led you all the way these forty years in the wilderness, to **humble** you and test you, to know what was in your heart, whether you would keep His commandments or not. (NKJ)

Deut 8:3

3 "So He **humbled** you, allowed you to hunger, and fed you with manna which you did not know nor did your fathers know, that He might make you know that man shall not live by bread alone; but man lives by every word that proceeds from the mouth of the LORD. (NKJ)

Deut 8:16

16 "who fed you in the wilderness with manna, which your fathers did not know, that He might **humble** you and that He might test you, to do you good in the end-- (NKJ)

2 Sam 6:22

22 "And I will be even more undignified than this, and will be **humble** in my own sight. But as for the maidservants of whom you have spoken, by them I will be held in honor." (NKJ)

2 Sam 22:28

28 You will save the **humble** people; but Your eyes are on the haughty, that You may bring them down. (NKJ)

IKing 21:29

29 "See how Ahab has **humbled** himself before Me? Because he has **humbled** himself before Me, I will not bring the calamity in his days. In the days of his son I will bring the calamity on his house." (NKJ)

II Ki 22:19

19 "because your heart was tender, and you **humbled** yourself before the LORD when you heard what I spoke against this place and against its inhabitants, that they would become a desolation and a curse, and you tore your clothes and wept before Me, I also have heard you," says the LORD. (NKJ)

2 Chr 7:14

14 "if My people who are called by My name will **humble** themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land. (NKJ)

2 Chr 7:14

14 "if My people who are called by My name will **humble** themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land. (NKJ)

2 Chr 12:6

6 So the leaders of Israel and the king **humbled** themselves; and they said, "The LORD is righteous." (NKJ)

2 Chr 12:7

7 Now when the LORD saw that they **humbled** themselves, the word of the LORD came to Shemaiah, saying, "They have **humbled** themselves; therefore I will not destroy them, but I will grant them some deliverance. My wrath shall not be poured out on Jerusalem by the hand of Shishak. (NKJ)

2 Chr 12:12

12 When he **humbled** himself, the wrath of the LORD turned from him, so as not to destroy him completely; and things also went well in Judah. (NKJ)

2 Chr 30:11

11 Nevertheless some from Asher, Manasseh, and Zebulun **humbled** themselves and came to Jerusalem. (NKJ)

2 Chr 32:26

26 Then Hezekiah **humbled** himself for the pride of his heart, he and the inhabitants of Jerusalem, so that the wrath of the LORD did not come upon them in the days of Hezekiah. (NKJ)

2 Chr 33:12

12 Now when he was in affliction, he implored the LORD his God, and **humbled** himself greatly before the God of his fathers, (NKJ)

2 Chr 33:19

19 Also his prayer and how God received his entreaty, and all his sin and trespass, and the sites where he built high places and set up wooden images and carved images, before he was **humbled**, indeed they are written among the sayings of Hozai. (NKJ)

2 Chr 33:23

23 And he did not **humble** himself before the LORD, as his father Manasseh had **humbled** himself; but Amon trespassed more and more. (NKJ)

2 Chr 34:27

27 "because your heart was tender, and you **humbled** yourself before God when you heard His words against this place and against its inhabitants, and you **humbled** yourself before Me, and you tore your clothes and wept before Me, I also have heard you," says the LORD. (NKJ)

2 Chr 36:12

12 He did evil in the sight of the LORD his God, and did not **humble** himself before Jeremiah the prophet, who spoke from the mouth of the LORD. (NKJ)

Ezra 8:21

21 Then I proclaimed a fast there at the river of Ahava, that we might **humble** ourselves before our God, to seek from Him the right way for us and our little ones and all our possessions. (NKJ)

Job 22:29

29 When they cast you down, and you say, 'Exaltation will come!' Then He will save the **humble** person. (NKJ)

Job 40:11

11 Disperse the rage of your wrath; look on everyone who is proud, and **humble** him. (NKJ)

Ps 9:12

12 When He avenges blood, He remembers them; he does not forget the cry of the **humble**. (NKJ)

Ps 10:12

12 Arise, O LORD! O God, lift up Your hand! Do not forget the **humble**. (NKJ)

Ps 10:17

17 LORD, You have heard the desire of the **humble**; you will prepare their heart; you will cause Your ear to hear, (NKJ)

Ps 18:27

27 For You will save the **humble** people, but will bring down haughty looks. (NKJ)

Ps 25:9

9 The **humble** He guides in justice, and the **humble** He teaches His way. (NKJ)

Ps 34:2

2 My soul shall make its boast in the LORD; the **humble** shall hear of it and be glad. (NKJ)

Ps 35:13

13 But as for me, when they were sick, my clothing was sackcloth; I **humbled** myself with fasting; and my prayer would return to my own heart. (NKJ)

Ps 69:32

32 The **humble** shall see this and be glad; and you who seek God, your hearts shall live. (NKJ)

Ps 113:6

6 Who **humbles** Himself to behold the things that are in the heavens and in the earth? (NKJ)

Ps 147:6

6 The LORD lifts up the **humble**; he casts the wicked down to the ground. (NKJ)

Ps 149:4

4 For the LORD takes pleasure in His people; he will beautify the **humble** with salvation. (NKJ)

Prov 3:34

34 Surely He scorns the scornful, but gives grace to the **humble**. (NKJ)

Prov 6:3

3 So do this, my son, and deliver yourself; for you have come into the hand of your friend: go and **humble** yourself; plead with your friend. (NKJ)

Prov 11:2

2 When pride comes, then comes shame; but with the **humble** is wisdom. (NKJ)

Prov 16:19

19 Better to be of a **humble** spirit with the lowly, than to divide the spoil with the proud. (NKJ)

Prov 29:23

23 A man's pride will bring him low, but the **humble** in spirit will retain honor. (NKJ)

Isa 2:9

9 People bow down, and each man **humbles** himself; therefore do not forgive them. (NKJ)

Isa 2:11

11 The lofty looks of man shall be **humbled**, the haughtiness of men shall be bowed down, and the LORD alone shall be exalted in that day. (NKJ)

Isa 5:15

15 People shall be brought down, each man shall be **humbled**, and the eyes of the lofty shall be **humbled**. (NKJ)

Isa 5:15

15 People shall be brought down, each man shall be **humbled**, and the eyes of the lofty shall be **humbled**. (NKJ)

Isa 10:33

33 Behold, the Lord, the LORD of hosts, will lop off the bough with terror; those of high stature will be hewn down, and the haughty will be **humbled**. (NKJ)

Isa 29:19

19 The **humble** also shall increase their joy in the LORD, and the poor among men shall rejoice in the Holy One of Israel. (NKJ)

Isa 57:15

15 For thus says the High and Lofty One who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, with him who has a contrite and **humble** spirit, to revive the spirit of the **humble**, and to revive the heart of the contrite ones. (NKJ)

Isa 57:15

15 For thus says the High and Lofty One who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, with him who has a contrite and **humble** spirit, to revive the spirit of the **humble**, and to revive the heart of the contrite ones. (NKJ)

Jer 13:18

18 Say to the king and to the queen mother, "**Humble** yourselves; sit down, for your rule shall collapse, the crown of your glory." (NKJ)

Jer 44:10

10 'They have not been **humbled**, to this day, nor have they feared; they have not walked in My law or in My statutes that I set before you and your fathers.' (NKJ)

Ezek 21:26

26 "thus says the Lord GOD: `Remove the turban, and take off the crown; nothing shall remain the same. Exalt the **humble**, and **humble** the exalted. (NKJ)

Dan 5:22

22 "But you his son, Belshazzar, have not **humbled** your heart, although you knew all this. (NKJ)

Dan 10:12

12 Then he said to me, "Do not fear, Daniel, for from the first day that you set your heart to understand, and to **humble** yourself before your God, your words were heard; and I have come because of your words. (NKJ)

Amos 2:7

7 They pant after the dust of the earth which is on the head of the poor, and pervert the way of the **humble**. A man and his father go in to the same girl, to defile My holy name. (NKJ)

Zeph 3:12

12 I will leave in your midst a meek and **humble** people, and they shall trust in the name of the LORD. (NKJ)

Matt 18:4

4 "Therefore whoever **humbles** himself as this little child is the greatest in the kingdom of heaven. (NKJ)

Matt 23:12

12 "And whoever exalts himself will be **humbled**, and he who **humbles** himself will be exalted. (NKJ)

Matt 23:12

12 "And whoever exalts himself will be **humbled**, and he who **humbles** himself will be exalted. (NKJ)

Luke 14:11

11 "For whoever exalts himself will be **humbled**, and he who **humbles** himself will be exalted." (NKJ)

Luke 14:11

11 "For whoever exalts himself will be **humbled**, and he who **humbles** himself will be exalted." (NKJ)

Luke 18:14

14 "I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be **humbled**, and he who **humbles** himself will be exalted." (NKJ)

Rom 12:16

16 Be of the same mind toward one another. Do not set your mind on high things, but associate with the **humble**. Do not be wise in your own opinion. (NKJ)

2 Cor 11:7

7 Did I commit sin in humbling myself that you might be exalted, because I preached the gospel of God to you free of charge? (NKJ)

2 Cor 12:21

21 lest, when I come again, my God will **humble** me among you, and I shall mourn for many who have sinned before and have not repented of the uncleanness, fornication, and lewdness which they have practiced. (NKJ)

Phil 2:8

8 And being found in appearance as a man, He **humbled** Himself and became obedient to the point of death, even the death of the cross. (NKJ)

James 4:6

6 But He gives more grace. Therefore He says: "God resists the proud, but gives grace to the **humble**." (NKJ)

James 4:10

10 **Humble** yourselves in the sight of the Lord, and He will lift you up. (NKJ)

1 Pet 5:5

5 Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for "God resists the proud, but gives grace to the **humble**." (NKJ)

1 Pet 5:6

6 Therefore **humble** yourselves under the mighty hand of God, that He may exalt you in due time, (NKJ)

HUMBLE / BASE 8217 shaphal-

low, humble

- a) low (in height)
- b) low (in station), humble (used of condition or spirit)
- c) humiliated
- d) lowly (as a substantive)

HUMBLE 7511 raphac-

(Hithpael)

- 1) to stamp oneself down, to humble oneself

2) stamping (or tramping) down (participle)

Part of humbling is sackcloth and ashes. We also **humble** ourselves if we "plead" with a friend to release us from a debt Proverbs 6:3 *"So do this, my son, and deliver yourself; for you have come into the hand of your friend: go and **humble** yourself; plead with your friend."* (NKJ)

We are in debt to Yahweh because of our constant repeated sin, therefore we should humble ourselves with fasting and in sackcloth and ashes and plead with Him to deliver us!

We should MOURN for the damage our sin has done to the Kingdom of Yahweh!! And for the souls that have been lost because of our disobedience.

We should seek a broken spirit and a contrite heart.

### **CONTRITE (NKJ)**

Ps 34:18

18 The LORD is near to those who have a broken heart, and saves such as have a **contrite** spirit. (NKJ)

Ps 51:17

17 The sacrifices of God are a broken spirit, a broken and a **contrite** heart-- these, O God, You will not despise. (NKJ)

Isa 57:15

15 For thus says the High and Lofty One who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, with him who has a **contrite** and **humble** spirit, to revive the spirit of the **humble**, and to revive the heart of the **contrite** ones. (NKJ)

Isa 57:15

15 For thus says the High and Lofty One who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, with him who has a **contrite** and **humble** spirit, to revive the spirit of the **humble**, and to revive the heart of the **contrite** ones. (NKJ)

Isa 66:2

2 For all those things My hand has made, and all those things exist," says the LORD. "But on this one will I look: on him who is poor and of a **contrite** spirit, and **who trembles at My word**. (NKJ)

**WE MUST REVERENTLY FEAR YAHWEH AND TREMBLE AT HIS WORD!!**

## SCRIPTURES ON REPENT

### REPENT... (NKJ)

IKing 8:47

47 "yet when they come to themselves in the land where they were carried captive, and **repent**, and make supplication to You in the land of those who took them captive, saying, `We have sinned and done wrong, we have committed wickedness'; (NKJ)

2 Chr 6:37

37 "yet when they come to themselves in the land where they were carried captive, and **repent**, and make supplication to You in the land of their captivity, saying, `We have sinned, we have done wrong, and have committed wickedness'; (NKJ)

Job 42:6

6 Therefore I abhor myself, and **repent** in dust and ashes." (NKJ)

Jer 8:6

6 I listened and heard, but they do not speak aright. No man **repented** of his wickedness, saying, `What have I done?' Everyone turned to his own course, as the horse rushes into the battle. (NKJ)

Jer 25:5

5 "They said, `**repent** now everyone of his evil way and his evil doings, and dwell in the land that the LORD has given to you and your fathers forever and ever. (NKJ)

Jer 31:19

19 Surely, after my turning, I **repented**; and after I was instructed, I struck myself on the thigh; I was ashamed, yes, even humiliated, because I bore the reproach of my youth.' (NKJ)

Ezek 14:6

6 "Therefore say to the house of Israel, `Thus says the Lord GOD: "**repent**, turn away from your idols, and turn your faces away from all your abominations. (NKJ)

Ezek 18:30

30 "Therefore I will judge you, O house of Israel, every one according to his ways," says the Lord GOD. "**repent**, and turn from all your transgressions, so that iniquity will not be your ruin. (NKJ)

Hosea 11:5

5 "He shall not return to the land of Egypt; but the Assyrian shall be his king, because they refused to **repent**. (NKJ)

Matt 3:2

2 and saying, "**repent**, for the kingdom of heaven is at hand!" (NKJ)

Matt 4:17

17 From that time Jesus began to preach and to say, "**repent**, for the kingdom of heaven is at hand." (NKJ)

Matt 11:20

20 Then He began to rebuke the cities in which most of His mighty works had been done, because they did not **repent**: (NKJ)

Matt 11:21

21 "Woe to you, Chorazin! Woe to you, Bethsaida! For if the mighty works which were done in you had been done in Tyre and Sidon, they would have **repented** long ago in sackcloth and ashes. (NKJ)

Matt 12:41

41 "The men of Nineveh will rise up in the judgment with this generation and condemn it, because they **repented** at the preaching of Jonah; and indeed a greater than Jonah is here. (NKJ)

Mark 1:15

15 and saying, "The time is fulfilled, and the kingdom of God is at hand. **repent**, and believe in the gospel." (NKJ)

Mark 6:12

12 So they went out and preached that people should **repent**. (NKJ)

Luke 10:13

13 "Woe to you, Chorazin! Woe to you, Bethsaida! For if the mighty works which were done in you had been done in Tyre and Sidon, they would have **repented** long ago, sitting in sackcloth and ashes. (NKJ)

Luke 11:32

32 "The men of Nineveh will rise up in the judgment with this generation and condemn it, for they **repented** at the preaching of Jonah; and indeed a greater than Jonah is here. (NKJ)

Luke 13:3

3 "I tell you, no; but unless you **repent** you will all likewise perish. (NKJ)

Luke 13:5

5 "I tell you, no; but unless you **repent** you will all likewise perish." (NKJ)

Luke 15:7

7 "I say to you that likewise there will be more joy in heaven over one sinner who **repents** than over ninety-nine just persons who need no **repentance**. (NKJ)

Luke 15:10

10 "Likewise, I say to you, there is joy in the presence of the angels of God over one sinner who **repents**." (NKJ)

Luke 16:30

30 "And he said, `No, father Abraham; but if one goes to them from the dead, they will **repent**.' (NKJ)

Luke 17:3

3 "Take heed to yourselves. If your brother sins against you, rebuke him; and if he **repents**, forgive him. (NKJ)

Luke 17:4

4 "And if he sins against you seven times in a day, and seven times in a day returns to you, saying, `I **repent**,' you shall forgive him." (NKJ)

Acts 2:38

38 Then Peter said to them, "**repent**, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit. (NKJ)

Acts 3:19

19 "**repent** therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord, (NKJ)

Acts 8:22

22 "**repent** therefore of this your wickedness, and pray God if perhaps the thought of your heart may be forgiven you. (NKJ)

Acts 17:30

30 "Truly, these times of ignorance God overlooked, but now commands all men everywhere to **repent**, (NKJ)

Acts 26:20

20 "but declared first to those in Damascus and in Jerusalem, and throughout all the region of Judea, and then to the Gentiles, that they should **repent**, turn to God, and do works befitting **repentance**. (NKJ)

Acts 26:20

20 "but declared first to those in Damascus and in Jerusalem, and throughout all the region of Judea, and then to the Gentiles, that they should **repent**, turn to God, and do works befitting **repentance**. (NKJ)

2 Cor 12:21

21 lest, when I come again, my God will humble me among you, and I shall mourn for many who have sinned before and have not **repented** of the uncleanness, fornication, and lewdness which they have practiced. (NKJ)

Rev 2:5

5 "Remember therefore from where you have fallen; **repent** and do the first works, or else I will come to you quickly and remove your lampstand from its place-- unless you **repent**. (NKJ)

Rev 2:16

16 **repent**, or else I will come to you quickly and will fight against them with the sword of My mouth. (NKJ)

Rev 2:21

21 "And I gave her time to **repent** of her sexual immorality, and she did not **repent**. (NKJ)

Rev 2:22

22 "Indeed I will cast her into a sickbed, and those who commit adultery with her into great tribulation, unless they **repent** of their deeds. (NKJ)

Rev 3:3

3 "Remember therefore how you have received and heard; hold fast and **repent**. Therefore if you will not watch, I will come upon you as a thief, and you will not know what hour I will come upon you. (NKJ)

Rev 3:19

19 "As many as I love, I rebuke and chasten. Therefore be zealous and **repent**. (NKJ)

Rev 9:20

20 But the rest of mankind, who were not killed by these plagues, did not **repent** of the works of their hands, that they should not worship demons, and idols of gold, silver, brass, stone, and wood, which can neither see nor hear nor walk. (NKJ)

Rev 9:21

21 And they did not **repent** of their murders or their sorceries or their sexual immorality or their thefts. (NKJ)

Rev 16:9

9 And men were scorched with great heat, and they blasphemed the name of God who has power over these plagues; and they did not **repent** and give Him glory. (NKJ)

Rev 16:11

11 They blasphemed the God of heaven because of their pains and their sores, and did not **repent** of their deeds. (NKJ)

## REPENTANCE

Matt 3:8

8 "Therefore bear fruits worthy of **repentance**, (NKJ)

Matt 3:11

11 "I indeed baptize you with water unto **repentance**, but He who is coming after me is mightier than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and fire. (NKJ)

Matt 9:13

13 "But go and learn what this means: 'I desire mercy and not sacrifice.' For I did not come to call the righteous, but sinners, to **repentance**." (NKJ)

Mark 1:4

4 John came baptizing in the wilderness and preaching a baptism of **repentance** for the remission of sins. (NKJ)

Mark 2:17

17 When Jesus heard it, He said to them, "Those who are well have no need of a physician, but those who are sick. I did not come to call the righteous, but sinners, to **repentance**." (NKJ)

Luke 3:3

3 And he went into all the region around the Jordan, preaching a baptism of **repentance** for the remission of sins, (NKJ)

Luke 3:8

8 "Therefore bear fruits worthy of **repentance**, and do not begin to say to yourselves, 'We have Abraham as our father.' For I say to you that God is able to raise up children to Abraham from these stones. (NKJ)

Luke 5:32

32 "I have not come to call the righteous, but sinners, to **repentance**." (NKJ)

Luke 15:7

7 "I say to you that likewise there will be more joy in heaven over one sinner who repents than over ninety-nine just persons who need no **repentance**. (NKJ)

Luke 24:47

47 "and that **repentance** and remission of sins should be preached in His name to all nations, beginning at Jerusalem. (NKJ)

Acts 5:31

31 "Him God has exalted to His right hand to be Prince and Savior, to give **repentance** to Israel and forgiveness of sins. (NKJ)

Acts 11:18

18 When they heard these things they became silent; and they glorified God, saying, "Then God has also granted to the Gentiles **repentance** to life." (NKJ)

Acts 13:24

24 "after John had first preached, before His coming, the baptism of **repentance** to all the people of Israel. (NKJ)

Acts 19:4

4 Then Paul said, "John indeed baptized with a baptism of **repentance**, saying to the people that they should believe on Him who would come after him, that is, on Christ Jesus." (NKJ)

Acts 20:21

21 "testifying to Jews, and also to Greeks, **repentance** toward God and faith toward our Lord Jesus Christ. (NKJ)

Acts 26:20

20 "but declared first to those in Damascus and in Jerusalem, and throughout all the region of Judea, and then to the Gentiles, that they should repent, turn to God, and do works befitting **repentance**. (NKJ)

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Rom 2:4

4 Or do you despise the riches of His goodness, forbearance, and longsuffering, not knowing that the goodness of God leads you to **repentance**? (NKJ)

2 Cor 7:9

9 Now I rejoice, not that you were made sorry, but that your sorrow led to **repentance**. For you were made sorry in a godly manner, that you might suffer loss from us in nothing. (NKJ)

2 Cor 7:10

10 For godly sorrow produces **repentance** leading to salvation, not to be regretted; but the sorrow of the world produces death. (NKJ)

2 Tim 2:25

25 in humility correcting those who are in opposition, if God perhaps will grant them **repentance**, so that they may know the truth, (NKJ)

Heb 6:1

1 Therefore, leaving the discussion of the elementary principles of Christ, let us go on to perfection, not laying again the foundation of **repentance** from dead works and of faith toward God, (NKJ)

Heb 6:6

6 if they fall away, to renew them again to **repentance**, since they crucify again for themselves the Son of God, and put Him to an open shame. (NKJ)

Heb 12:17

17 For you know that afterward, when he wanted to inherit the blessing, he was rejected, for he found no place for **repentance**, though he sought it diligently with tears. (NKJ)

2 Pet 3:9

9 The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to **repentance**. (NKJ)

Repentance requires that we confess that 'We have sinned, we have done wrong, and have committed wickedness' (1 Kings 8:47)

We must repent of our sins, our iniquities and our transgressions (Psalm 51).

Ps 51:1-17

1 Have mercy upon me, O God, according to Your lovingkindness; according to the multitude of Your tender mercies, blot out my transgressions.

2 Wash me thoroughly from my iniquity, and cleanse me from my sin.

3 For I acknowledge my transgressions, and my sin is always before me.

4 Against You, You only, have I sinned, and done this evil in Your sight--that You may be found just when You speak, and blameless when You judge.

5 Behold, I was brought forth in iniquity, and in sin my mother conceived me.

6 Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom.

7 Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.

8 Make me to hear joy and gladness, that the bones You have broken may rejoice.

9 Hide Your face from my sins, and blot out all my iniquities.

10 Create in me a clean heart, O God, and renew a steadfast spirit within me.

11 Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

12 Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.

13 Then I will teach transgressors Your ways, and sinners shall be converted to You.

14 Deliver me from bloodshed, O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness.

15 O Lord, open my lips, and my mouth shall show forth Your praise.

16 For You do not desire sacrifice, or else I would give it; you do not delight in burnt offering.

17 The sacrifices of God are a broken spirit, a broken and a contrite heart-- these, O God, You will not despise.

(NKJ)

Jer 31:19

19 Surely, after my turning, I **repented**; and after I was instructed, I struck myself on the thigh; I was ashamed, yes, even humiliated, because I bore the reproach of my youth.' (NKJ)

2 Cor 7:10

10 For godly sorrow produces **repentance** leading to salvation, not to be regretted; but the sorrow of the world produces death. (NKJ)